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CCHs: MORE INFORMATION

The CCHs are motion processes, not speech processes. Many Auditors have difficulties and queries regarding the CCHs merely because they do not place the correct emphasis of the processes where emphasis should be placed. You could even run the CCHs on someone who couldn't speak a word or on someone who spoke a different language, the reason being that it is not the verbal commands which are of importance, but the motions alone.

Many Auditors go into a long, complicated R-Factor before beginning the CCHs and then give a big Tone 40 START OF SESSION. All this is certainly not necessary. In reality on the CCHs, the session starts when the Auditor starts acting and ends when the Auditor stops acting - it's the motion that starts and stops - not the verbal commands.

So the CCHs are a completely physical drill. The Auditor never acts upon any data whatsoever which he receives from the preclear. If the preclear verbally communicates a somatic to the Auditor, the Auditor does not continue the CCH process which turned on the somatic just because of this verbal communication. If the somatic is one which evidences itself upon the preclear with a directly observable physical manifestation, naturally the Auditor would continue the process because physical change is occurring. So each CCH is run to no physically observable comm lag and to no physically observable change for three consecutive cycles of the process, with the preclear actually doing the commands.

Two-Way Communication on the CCHs is used only to punch up physical reactions and is used at the precise moment when a physical reaction occurs and only consists of "How are you doing?", "What's happening?" or "How is it going?"

Many Auditors make a mistake on CCH 1. The Auditor always takes the preclear's hand AND PUTS IT BACK IN HIS LAP. The reason for this is that, if he clings to the Auditor's hand at some future time, the Auditor's separating the preclear's hand from his will then create no ARC Break.

The CCHs are done because in many, many cases only

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doingness will reach thinkingness. So only doingness of the CCHs will reach such.

Issued by

Mary Sue Hubbard

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An Street

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